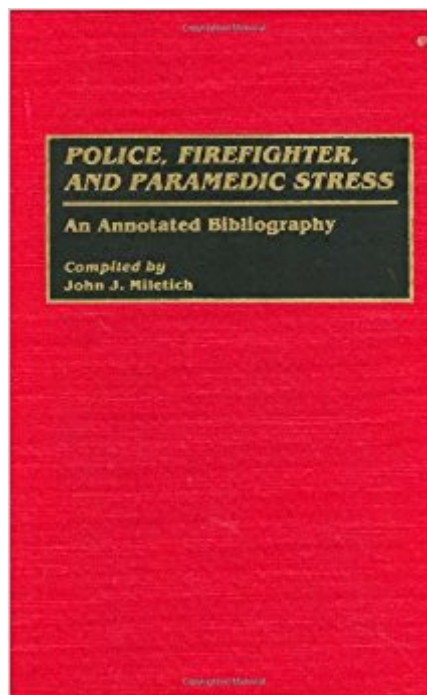




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# Police, Firefighter, And Paramedic Stress: An Annotated Bibliography (Bibliographies And Indexes In Psychology)



## Synopsis

Public safety professionals work together in life-and-death situations. During natural or transportation disasters, industrial accidents, shootings, suicides or dozens of other instances, police officers, firefighters, and paramedics are called upon to assist both injured and uninjured people. Although often romanticized in television series and in films, the real-life tasks of public safety professionals are usually unpleasant--restraining violent individuals and removing accident, homicide, and suicide victims from death scenes--and always highly stressful. They are frequently subjected to additional stress when their efforts are criticized by family members of the injured or deceased. Although stress can be harmful, even fatal, police officers, firefighters, and paramedics can have more productive and satisfying lives when they learn to positively control stress, rather than be controlled by it. This English language bibliography consisting of more than 700 references, covering the time period 1945 to early 1989, can help these and other professionals manage stress more effectively. Source publications, all of which are annotated, include books, articles, conference proceedings, theses, government publications, and dissertations. The bibliography section is composed of six chapters addressing psychological and physiological factors, the family, substance abuse, accidents, and suicide, with references arranged alphabetically by author surname. A list of acronyms and author and subject indexes complete the work. Of paramount importance to police officers, firefighters, and paramedics as well as their families, this bibliography will provide legislators, physicians, nurses, social workers, psychiatrists, psychologists, and sociologists with extensive and substantial documentation on the stress-filled work lives of these public safety professionals.

## Book Information

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"Occupational stress experienced by public safety professionals is the object of considerable research and is a popular subject for treatment in the mass media. Miletich has compiled several social science bibliographies for Greenwood. This one provides more than 700 annotated citations to the international scholarly and professional literature published since 1945 on stress among such workers. . . . Entries are arranged by author under six topics: psychological aspects, physiological factors, family, substance abuse, accidents, and suicide. Research methodologies and findings are briefly covered in the descriptive annotations. Author and subject indexes facilitate access, the latter consisting of about 1,000 subjects drawn from descriptive terms found in the annotations. More current and comprehensive than Catherine J. Matthew's *Police Stress* (Toronto, 1979) and William G. Bailey's chapter of annotated citations on stress and endangerment in his bibliography *Police Science, 1964-84* (1986), this bibliography will be useful to academicians, practitioners, and students in counseling, criminology, public administration, and social work."

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JOHN J. MILETICH is Reference Librarian at the University of Alberta, Canada. He is the author of *Retirement: An Annotated Bibliography*, *Work and Alcohol Abuse: An Annotated Bibliography* and *States of Awareness: An Annotated Bibliography* (Greenwood Press, 1986, 1987, and 1988, respectively).

For those conducting research into the study of stress in emergency service workers, this book will prove an invaluable bibliography. Complete and well organized. Wayne D. Ford, Ph.D., author of "The Firefighter's Guide to Managing Stress" docwifford@msn.com

Very disapointing to me, as I was looking for something I could use to lower my stress on the job, and this book is not it. I found another book that fit my needs. This book would probably be good for research.

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